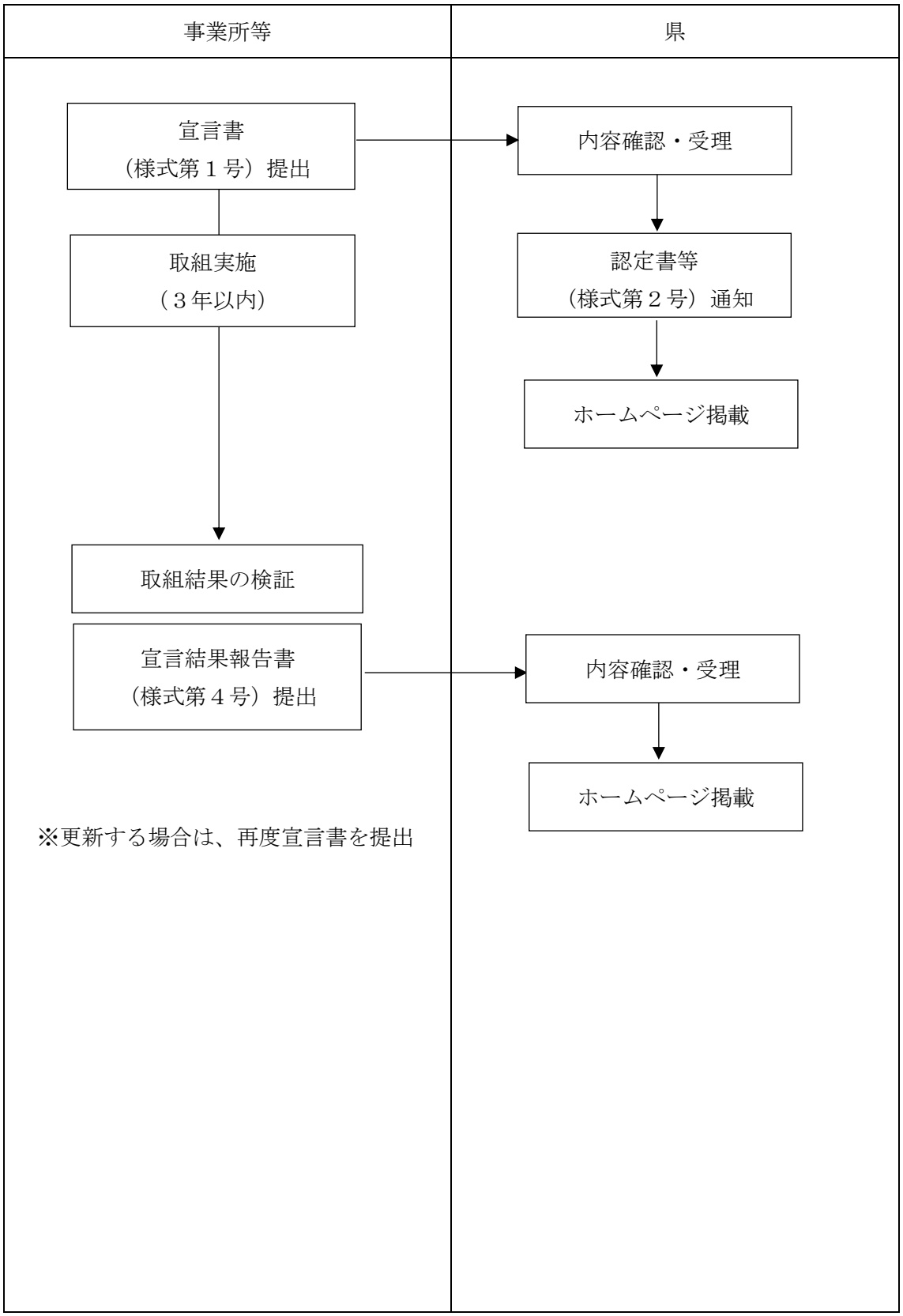「しまね福祉・介護人材育成宣言事業所」制度宣言手続きの流れ